

S-30th May, 2015 AC after Circulars from Circular No.1 & onwards - 3 -

DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY
CIRCULAR NO.ACAD/SU/Social Sci./B.A.III Yr. Syll./3/2015



It is hereby notified for information to all the concerned that, on the recommendation of the Faculty of Social Sciences the Academic Council at its meeting held on 30-05-2015 has accepted the revised syllabi as mentioned against their names under the Faculty of Social Sciences as under :-

Sr. No.	Name of the Subject	Semester
[1]	History	V & VI
[2]	Economics	V & VI
[3]	Psychology	V & VI
[4]	Geography	V & VI
[5]	Sociology	V & VI
[6]	Home Science	V & VI
[7]	Political Science	V & VI
[8]	Public Administration	V & VI
[9]	Social Work	V & VI
[10]	Philosophy	V & VI
[11]	Military Science	V & VI
[12]	Library & Information Science	I to VI Progressively
[13]	B.A. Travel and Tourism Management [Optional]	I to VI Progressively
[14]	Thoughts of Mahatma Phule & Dr. Ambedkar	V & VI effective from 2016-2017 & onwards

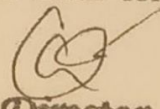
This is effective from the Academic Year 2015-16 & onwards as appended herewith.

All concerned are requested to note the contents of the circular and bring the notice to the students, teachers and staff for their information and necessary action.

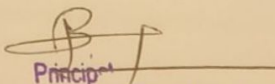
University Campus,
Aurangabad-431 004.
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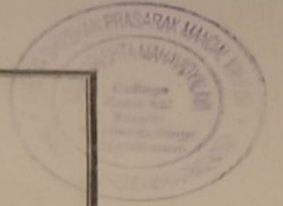
Date:- 16-06-2015.

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Director,
Board of College and
University Development.

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Principal
Jheta Shikshan Prasarak Mandal Varipur
KALA VARISHTSA MAHAVIDYALAYA
Sawangi By Pass Road Aurangabad-431008



**DR. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD.**



PSYCHOLOGY

SYLLABUS OF

B.A. Third Year

Semester-V & VI

[With effective from 2015-16 & Onwards]



Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY

Curriculum Structure and Scheme of Evaluation for - B. A. V & VI Sem With effective from 2015-16

SEMESTER - V									
UNIT	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical Viva-Voce	Total Marks
UNIT I	PSY 113	Subsidiary Abnormal Psychology	4	-	4	4	30	-	30
UNIT II	PSY 114	Organizational Psychology	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 115	Experiments/ Practicum	-	4	4	4	-	-	-
UNIT I	PSY 116	Main Introduction to Counselling	4	-	4	4	30	-	30
UNIT II	PSY 117	Project Work	4	-	4	4	-	-	-
UNIT I & UNIT II	PSY 118	Experiment/Practicum	-	4	4	4	-	-	-
(A) Total of Semester - V			16	8	24	24	90	-	90
SEMESTER - VI									
UNIT	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Pract/ Viva-Voce	Total Marks
UNIT I	PSY 119	Subsidiary Psychopathology	4	-	4	4	30	-	30
UNIT II	PSY 120	Organizational Behaviour	4	-	4	4	30	-	30
UNIT I & UNIT II	PSY 115 & PSY 121	Testing/ Practicum	-	4	4	4	-	80	80
UNIT I	PSY 122	Main Counselling in Action	4	-	4	4	30	-	30
UNIT II	PSY 123	Project Work	4	-	4	4	60	-	60
UNIT I & UNIT II	PSY 118 & PSY 124	Testing/ Practicum	-	4	4	4	-	80	80
(B) Total of Semester - VI			16	8	24	24	150	160	310



Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY
SYLLABUS FOR - B.A. T.Y.

With effective from 2015-16.

B. A. Fifth Semester

Course - V

Unit	Course Code	Title of the Paper	Credits	Marks
Unit I	PSY 113	Subsidiary Abnormal Psychology	4	30
Unit II	PSY 114	Organizational Psychology	4	30
Unit I & II	PSY 115	Experiment/Practicum	4	-
Unit I	PSY 116	Main Introduction to Counseling	4	30
Unit II	PSY 117	Project Work	4	-
Unit I & II	PSY 118	Experiment/Practicum	4	-

Note: -

1. For theory papers 1 credit = 15 periods.
2. For practical's 1 credit = 30 periods.
3. One period comprises 50 minutes duration.



Syllabus for B.A. (Semester- V)
Course V, Unit I
PSY 113 – ABNORMAL PSYCHOLOGY
With effect from 2015-16.

- 1 Abnormal Behaviour in our times : Credit 1**
 - What is abnormal Psychology?, What do we mean by Abnormal behaviour ?
 - Mental Disorders as Maladaptive behaviours
 - DSM IV & ICD – 10 classification of Mental Disorders
 - The problem of Labeling

- 2 Causal Factors and Viewpoints in Abnormal Psychology: Credit 1**
 - What causes Abnormal Behaviour? Necessary, sufficient and contributory causes –
 - Models or view points for understanding abnormal behaviour: The Biological causal factors– Psychosocial causal factors – The Socio-cultural causal factors.

- 3 Panic, Anxiety and their Disorders: Credit 1**
 - The Fear and Anxiety Response patterns
 - Anxiety Disorders
 - Phobic Disorders
 - Generalized Anxiety Disorder.
 - Obsessive – Compulsive Disorders
 - Treatment and outcomes : Psychological therapies ; cognitive behaviour and multimodal therapy

- 4 Somatoform and Dissociative Disorders: Credit 1**
 - Somatoform Disorder
 - Somatization Disorder
 - Hypochondriasis.
 - Pain disorder.
 - Conversion Disorder.
 - Dissociative Disorders :
 - Dissociative Amnesia and fugue.
 - Dissociative Identity disorder.
 - Depersonalization disorder.
 - Casual Factors in somatoform and Dissociative Disorders : Biological, Psychosocial and Socio-cultural factors.
 - Treatment and outcomes.

Source Book:

- 1) Robert .C . Carson , James .N . Butcher, Susan Mincka. (1998). Abnormal Psychology and Modern Life - 10th edition – Library of Congress .
- 2) Irwin .G. Sarason, Barbara .R. Sarason (2005) – Abnormal Psychology – by Prentice Hall.
- 3) Introduction to Psychopathology by Lamman.
- 4) Psychopathology by Buss A.H.
- ५) अपसामान्य मानसशास्त्र लेखक डॉ. अनघा पाटील, डॉ. सुशील सुर्वे, डॉ. मानसी राजहंस





Syllabus for B.A. (Semester- V)
Course V, Unit I
PSY 114 – Organizational Psychology
With effect from 2015-16.

Objectives

- 1) This course aims and understanding the behaviour of individuals along with other organizational assets
- 2) Students are expected to learn not only the theoretical aspects of the course but also to familiarize themselves with the skills, techniques and their application
- 3) The course would create an enabling experience with the societal contexts.

1] Historical context of organizational Behaviour:-

Credit 1

- Definition of O.B.
 1. Goals and elements of O.B.
 2. Fundamental Concepts
 3. Nature of Organization
 4. Models of O.B. – Autocratic, Custodial, Supportive and Collective models of O.B.
- Contribution of Taylor & Fayoll

2] Perspectives for understanding O.B.:-

Credit 1

- Open system approach
- Human Relations perspective
- Socio-technical approach
- Developing an O.B. model Responsive to Indian realities

3] Person in the organization: -

Credit 1

- Biographical characteristics
- Personality Definitions and Measurement
- Major Personality attributes affecting O.B.
- Matching personality and job
- Personality and culture

4] Values, Attitudes and job satisfaction: -

Credit 1

- Values:
 - i. Importance of values
 - ii. Types of values
 - iii. Values loyalty and ethical behaviour
- Attitudes:
 - I. Types of Attitudes
 - II. Attitudes and Consistency
 - III. Cognitive Dissonance theory
 - IV. Attitudes and work-force diversity
- Job-Satisfaction:
 - I. Measuring J. S.
 - II. The effect of J. S. on Employee Performance



Books of Readings:

- 1) Robbins S.P. (2000) Organizational Behaviour concepts, controversies and application, New Delhi Prentice Hall of India
- 2) Peters (1994) complete advantage through people, Unlashing the power of workforce Boston Havard Business School Brass
- 3) Dunnette M.D. and hough L.M. (1992) Hardbreak and Industrial and Organizational Psychology and edition counslling Psychology
- 4) Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour care with jai press.



Syllabus for B.A. (Semester- V)
Course V, Unit I
PSY 116- Introduction to Counselling
With effect from 2015-16.

- 1) **Definition of Counselling Psychology**
 - i. Importance of counseling,
 - ii. goals of counseling,
 - iii. Scope of counseling .

Credit 1
- 2) **Building counseling relationship**
 - a) Factors influencing the counseling process :
 - i. seriousness of the presenting problem
 - ii. structure
 - iii. initiative
 - iv. physical setting
 - v. client qualities
 - vi. counselor qualities
 - b) Types of initial interview:
 - i. client versus counselor initiated interview
 - ii. information oriented first interview
 - iii. relationship oriented first interview
 - iv. conducting the initial interview
 - v. empathy.

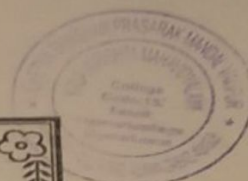
Credit 1
- 3) **Working in a counseling relationship:**
 - Counsellor skills in the understanding and action phases.
 - i. changing perceptions
 - ii. leading
 - iii. multifocused responding
 - iv. accurate empathy
 - v. self disclosure
 - vi. immediacy
 - vii. humor
 - viii. confrontation
 - ix. Contracting
 - x. Rehearsal
 - xi. Transference and counter transference-

Credit 1
- 4) **Termination of counseling relationship**
 - function of termination
 - timing of termination
 - Issues of termination-- termination of individual sessions – termination of counseling relationship
 - resistance to termination : client resistance-counsellor resistance
 - premature termination
 - counsellor initiated termination.

Credit 1

Books recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009) ; New Delhi: Pearson Education (Indian edition published by Dorling Kinderslen india Pvt. Ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L.Gibson and M.H.Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)
- 3) Counselling Psychology (1995) by C.J.Gelso and B.R.Fretz Bengurulu; Prismindia
- 5) Samupadeshan (Marathi) by (ed) Deshpande C.G.(2010) Pune : Unmesh Prakashan



Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

PSYCHOLOGY
SYLLABUS FOR - B.A. T.Y.

With effective from 2015-16.

B. A. Sixth Semester

Course - VI

Unit	Course Code	Title of the Paper	Credits	Marks
Unit II	PSY 119	Subsidiary Psychopathology	4	30
Unit II	PSY 120	Organizational Behaviour	4	30
Unit I & II	PSY 115 & PSY 121	Testing/ Practicum	4	80
Unit II	PSY 122	Main Counseling In Action	4	30
Unit II	PSY 123	Project Work.	4	60
Unit I & II	PSY 118 & PSY 124	Testing/ Practicum	4	80

Note: -

1. For theory papers 1 credit = 15 periods.
2. For practical's 1 credit = 30 periods.
3. One period comprises 50 minutes duration.

Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 119– Psychopathology
With effect from 2015-16.



Objectives:

1. To impart Knowledge about the normality and Abnormality
2. To make students understand the nature and Course of various abnormal conditions.
3. To impart Knowledge and skills needed for Psychological assessment of different abnormal conditions.

1) Mood Disorders

Credit 1

- Unipolar Mood Disorders:
Normal Depression, Mild to Moderate
Depressive Disorder, Major Depressive Disorder
- Bipolar Disorder :
Cyclothymia, Bipolar disorder,
Schizoaffective disorder
- Causal Factors in Mood Disorders
Biological and psychological factors
- Treatment and outcomes
Electroconvulsive therapy
Psychotherapy

2) Personality Disorders

Credit 1

- Personality Disorders
Clinical Features of Personality Disorders
- Types of personality Disorders
Paranoid, schizoid, Schizotypal
Histrionic, Narcissistic, Antisocial, Borderline,
Avoidant, Dependent, obsessive compulsive,
Passive-aggressive, Depressive.
- Causal Factors in Personality Disorders
- Treatment and outcomes

3) The Schizophrenias and Delusional Disorders

Credit 1

- The clinical picture in schizophrenia
- Problems in Defining Schizophrenia
- subtypes of Schizophrenia
- Causal Factors and Treatment
- Delusional (paranoid) Disorder
The Clinical picture and Causal factors in
delusional disorder
- Treatment and outcomes

4) Mental Retardation

Credit 1

- Level of mental Retardation
- Brain Defects in Mental Retardation
 - Organic Retardation syndromes
 - Cultural – Familial Mental Retardation
 - Treatment, outcome and prevention.



Source Book:

- 1) Abnormal Psychology & Modern Life by R.L. Larsar
- 2) Introduction to Psychopathology by Laman.
- 3) Psychopathology by Buss A.H. S.Mineka Harper Collins College Publishers, New York.
- ४) अपसामान्य मानसशास्त्र लेखक डॉ. अनघा पाटील, डॉ. सुशील सुर्व, डॉ. मानसी राजहंस.



Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 120– Organizational Behaviour
With effect from 2015-16.

- [1] **The individual in the organization:** **Credit 1**
- Motivation concept
 - Early theories of motivation
 - Need hierarchy theory
 - Theory X and Y
 - Two factor theory
 - MBO Behaviour modification
 - Employ involvement programs
- [2] **The group and organization** **Credit 1**
- Nature, types, and stages of group development
 - Conditions affecting group functioning of organizational structure
 - Group Structure :- A) Roles B) Norms C) Status D) Sings
 - Group Decision :- A) Groups Versus the Individual B) Group think and Group Shift C) Group Decision Making Techniques
- [3] **Communication in organizations:** **Credit 1**
- Communication model,
 - Barriers and sources of distortions,
 - Directions and network of communications
 - Communications and decision making,
 - Cross-cultural communications
- [4] **Leadership in organizations** **Credit 1**
- Nature and types,
 - Behavioral theories,
 - Contingency theories and contemporary issues in leadership
 - leadership and Power
 - Bases of power and power in action

Books for Reading:

- [1] Robbins S.P. (2000) organizational Behaviour 5 Books concepts, controversies and applications new Delhi practice hall of India
- [2] Pfeffer J. (1994) complete advantage through people unleashing the power of workforce Baston Havard business school press
- [3] Dynnette M.D. and Hough L.M. (1992) Handbook of Industrial and organizational Psychology and edition Palo Alto: Counselling psychology press
- [4] Cummings L.L. and Staw B.M. (1999) Research in organizational behaviour, green wich CT Jai press



Syllabus for B.A. (Semester- VI)
Course VI, Unit II
PSY 122 – Counseling In Action
With effect from 2015-16.

1) Theories of counseling:

Credit 1

1. Psychoanalysis
2. Humanistic
3. Behavioral counseling
4. Rational Emotive Behaviour Therapy
5. Cognitive therapy
6. Bowen systems therapy
7. Crises counseling.

Credit 1

2) The Importance of Career counseling :

- Career information
- Career development theories and counseling
 - i. Trait and Factor theory
 - ii. Developmental Theory
 - iii. Social cognitive career theory
- Career counseling with diverse populations :
 - i. with children
 - ii. with adolescents
 - iii. with college students
 - iv. with adults
 - v. with women
 - vi. with minority groups
 - vii. with sexual deviates

Credit 1

3) Marriage, Couple and Family Counseling:

- The changing forms of family life
- Family life and family life cycles
- Marriage/family counseling versus individual / groups counseling
- Overview of Marriage, Couple and Family counseling
- The process of marriage, Couple and Family counseling
- Termination of counseling.

Credit 1

4) College Counseling and student life Counseling :

- College counseling
 - i. Emphases and roles
 - ii. Activities
- Student life professionals
 - i. Emphases and roles
 - ii. Activists
- Counseling with nontraditional students
 - i. Older students
 - ii. Part time students
 - iii. First generation students
 - iv. Minority culture students



Books of recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009); New Delhi: Person Education (Indian edition published by Dorling Kindersley India Pvt.Ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L. Gibson and M.H. Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)
- 3) Counseling Psychology (1995) by C.J. Gelso and B.R. Fretz Bengurulu; Prismindia
- 4) Samupadeshan (Marathi) by (ed) Deshpande C.G. (2010) Pune : Unmesh Prakashan



**Syllabus for B.A. (Semester- VI)
Course V, Unit I
PSY 117-123 Project Work.
With effect from 2015-16.**

Note:

2. Students should write a project any one of following topic in his /her, own hand writing.
3. Students should submit project report at the time of presentation duly signed by the concerned teacher and Head of the department.

Topics:

1. Personologist.
2. Perspectives/schools of Psychology
3. Gestalt Principals and related work
4. Theories on intelligence.
5. Theories on Emotions.
6. Theories on Motivation.
7. Theories on Learning.
8. Theories on Forgetting.
9. Branches of Psychology. (Applied and Basic)
10. Case Study related study behavioral problems, Mirage Problems, Addiction, Suicide, Criminal Tendency, And Antisocial Personality.
11. Psychological and Physiological Problems in various fields.
12. Rape, Victimization and Riots.
13. Mob Psychology.
14. Role of Health Psychology in Society.
15. Attitudes regarding various social problems.
16. Terrorism
17. Contribution of person (Psychological, Sports Personality)
18. Women Problems.
19. Marital Conflicts.
20. Socio-economic status and Development.
21. Socialization.



Syllabus for B.A. (Semester- V, VI)
Course V, & VI, Unit I & II
PSY 115 & 121 – Experiment/Practicum/ Testing
With effect from 2015-16.

A. Experiment & Test (For Main and Subsidiary students – any 16) **Credit 1**

1. Sensation & Perception [Any Four]: -

- 1) Localization of Sound
- 2) Effect of noise on performance
- ✓ 3) Reminiscence
- 4) Field of Vision & Colour Zone by Perimeter
- 5) Multiple Choice
- 6) Signal Detection –
- ✓ 7) Free Association

Credit 1

2. Learning & Memory [Any Four]: -

- ✓ 1) Serial position effect
- ✓ 2) Retroactive inhibition
- 3) Paired Associate Learning
- ✓ 4) Zeigarnic effect
- 5) Mental work and Rest
- ✓ 6) Reaction time (Disjunction)

Credit 1

3. Personality & Intelligence [Any Four]: -

- 1) Personality Inventory - Khire & Rajguru
- ✓ 2) Maudsley Personality Inventory (MPI)
- 3) Achievement Motivation test
- 4) Bine Kamat test (IQ test)
- ✓ 5) Self Confidence Inventory - Rekha Gupta
- 6) Comprehensive Battery of scale of Entrepreneurship (CBSE-S)
- ✓ 7) NEO -- PI
- 8) High School Personality Inventory (HSPQ)
- ✓ 9) Dimensional Personality Inventory (DPI)
- 10) Weschler's Adult Performance Intelligence Scale (WAPIS)
- 11) Bhatia's Intelligence Battery

Credit 1

4. Projective Test & Clinical Assessment [Any Four]: -

- 1) Dysfunction Analysis Questionnaire (DAQ)- D. Pershad et.al.
- ✓ 2) Sentences Completion test
- ✓ 3) Defense Mechanism Inventory (DMI)- N.R. Mrinal



- 4) Rorschach Ink Blot
- 5) Psycho-physiological state Inventory (PPSI) – Sanjay Vora
- 6) Medico-psychological Questionnaire (MPQ) – J. Bharat Raj
- 7) Indian adoption Anxiety Scale – S.D. Kapoor.
- 8) TAT

Section – B

Credit 4

Visit to Mental Health Center for developing case account and Report of the visit should be submitted at the time of practical examination.

Reference Book :-

1. Experiments in Psychology by – Girishbala Mohanty Kalyan Publishers, New Delhi.
2. Experiments in Psychology by – S. W. Deshpande.

Marks Distribution

Section A (Main and Subsidiary Students) Marks Distribution				Section B (Visit Report)		
Procedure	Report	Viva	Record Book Internal	Viva	Internal	Total
15	20	15	10	10	10	80



Syllabus for B.A. Psychology (Semester- V, VI)
Course V, & VI, Unit I & II
PSY 118 & 124 –Practicum
With effect from 2014-15.
Only for Students offering Main Subject

Small Research Project- A report of all such project should be submitted at the time of practical examination. **Credit 8**

Marks Distribution

Research Project			Internal	Total
Viva	Presentation	Content	20	80
20	20	20		

1. Student should bring two Copies of Research Project dully signed by HOD & concerned lecturer at the time of Practical Viva-Voce Examination.
2. Student should present his/her research project with the help of PPT.
3. A batch of ten students may be called at the time of Viva-Voce Examination.

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